

Information services

The RPE telephone support line operates 9am - 4.30pm Monday to Friday. Crisis intervention, support, and a referral service are available for survivors of sexual violence and for anyone supporting a survivor. We offer free information on:

- Getting counselling (the ACC system)
- ACC registered counsellors in the Auckland region
- Medical examinations
- Police procedures and legal information
- Statistics and resources
- Information for school or university projects

RPE also publishes a range of up-to-date and informative pamphlets that are available free of charge to community groups, schools and the general public. Topics include:

- After Sexual Assault – Information about effects and options
- Understanding Sexual Abuse
- You and Your Child – Information for parents about sexual abuse
- Supporting A Survivor – Information for those supporting a survivor of sexual assault
- Getting The Facts On Date Rape
- Drug Rape
- The Sexual Abuse of Males
- Incest
- Reporting to the Police
- BodySafe: Working with young people to prevent rape and sexual abuse
- 'Dealing With Disclosures' Training Programme

Please contact Rape Prevention Education to order free copies of any of these pamphlets.

RCA website

www.rapecrisis.org.nz

Rape Prevention Education has a comprehensive website that provides information on a range of sexual assault issues, including:

- acute sexual assault information
- contact details for sexual assault agencies throughout New Zealand
- the history of Rape Crisis in NZ
- statistics on the prevalence of sexual assault
- information for people supporting a survivor
- information for parents and children
- information on the legal and medical systems

Website users can also access support and information through email and download RPE pamphlets from the site.

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Endeavour Charitable Trust	SKYCITY Auckland Community Trust
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Lion Foundation	Southern Trust
Logan Campbell Trust	United Way
Maurice Paykel Trust	Urban Goddess Trust
Mt Wellington Charitable Trust	Waitakare City Council
North Shore City Council	
NZ Community Trust	

RPE would also like to thank individual donors for their valuable contributions.

SERVICES WE OFFER



Rape Prevention Education

RAPE CRISIS AUCKLAND INCORPORATED
WHAKATU MAURI

*Supporting survivors of sexual violence & their whanau.
Working to eliminate rape and sexual abuse through
education and community work.*

CONTACT DETAILS

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Who are we?

Rape Crisis Auckland INC was formed in the 1970s to offer free support and counselling to survivors of rape and sexual abuse. At the time it was one of the few agencies working in the field of sexual violence.

We now focus on the prevention of rape and sexual abuse through education. In 2006 Rape Crisis Auckland changed its name to Rape Prevention Education (RPE) to reflect this change of focus.

Our two main training programmes, *BodySafe* and *Dealing with Disclosures*, provide information on sexual assault to young people and health professionals respectively. We also provide targeted referrals, information and support to survivors of sexual assault and their whanau (anyone supporting them) through our telephone crisis line. We no longer offer face-to-face counseling, but are able to refer to individual counselors and agencies throughout Auckland that provide such services.

RPE structure

Our organisation is made up of a governing Board, staff who work to deliver services and education programmes, and volunteers who offer their time and expertise to assist the agency in its objectives. RPE is committed to working with people of all ethnicities; women, men, families, professionals and whole communities.

Education programmes

Working with young people to prevent rape and sexual abuse

BodySafe provides information on sexual violation and self-protection to young people. The programme encourages youth to take greater responsibility for their own safety and well-being in a range of interpersonal relationships. Usually delivered in secondary schools, *BodySafe* is set out in three one-hour workshops. In these three sessions, *BodySafe* educators use exercises, videos, games, and discussions to cover:

- what sexual abuse and rape are
- the protection offered by New Zealand law
- why people rape
- who the offenders are
- who is affected by sexual violence
- how sexual abuse affects men and women
- the different situations where abuse can occur
- how to handle sexual pressure
- what kind of sexual violence young people are most at risk from and what they can do about it
- healing from rape and sexual abuse
- resources in the young person's community

Workshops can focus on the learning needs of the specific young people or organisation involved.

Education programmes

'Dealing with Disclosures' Training

'Dealing with Disclosures' is a training programme designed to prepare workers to deal with a disclosure of sexual abuse or rape from a client. The training workshop is tailor-made to the requirements of the organisation and usually includes components on:

- the effects of rape and sexual abuse
- the healing process
- issues for men who have been abused
- information on working bi-culturally
- resources that are available in your local community
- medical and reporting procedures
- a guide to asking about and responding to disclosures of abuse

As part of the training, Rape Prevention Education is available to assist organisations in developing policy for staff in how to deal with a disclosure of abuse/assault from a client.

For more information on Rape Prevention Education programmes, contact the Agency Director, Kim McGregor, on (09) 306 4001 / 360 4006 or kim@rapecrisis.org.nz.